

## **Men of Impact 4-Week Challenge**

Join us for this four week challenge as we, the men of Bel Air, take on the ministry of Jesus Christ in the places of impact God has uniquely positioned each of us. This is best done with a partner.

***Hospitality. Courage. Health. Community. Impact.***

### Week 1

- 11/16 - Pause during your day to ask someone how they are doing. Ask follow up questions.
- 11/17 - Spend 15 minutes in silence reading John 15 and identify which words/phrases stand out the most.
- 11/18 - Carve out 30 minutes in your schedule to take a walk/hike/run and spend time in prayer with God.
- 11/19 - Call up a friend and check in with them. Ask how you can pray for them.
- 11/20 - Identify someone whom you have influence with (a coworker, friend, child, mentee, etc.) and ask them what they need encouragement/support with in this next month.

### Week 2

- 11/23 - Identify a way to share a meal/coffee/snack/etc. with someone you do not know well with the purpose of hearing their story. If you can't do it today, do it later in the week.
- 11/24 - Think about the places in your life you have a hard time sharing your faith. In prayer, reflect on what makes it difficult. Then ask God what needs to change for you to be able to do it.
- 11/25 - Take a Sabbath night away from media (put away your phones, turn off the television, etc.) and spend time with someone you care about
- 11/26 - Identify someone in your life that you might benefit getting to know more because they have a different background than yours. Make a point to connect with them.
- 11/27 - List out gifts that you believe you have. Reflect on how those are used for God's kingdom. If you don't feel they are, reflect how they could be used.

### Week 3

- 11/30 - Invite someone over to your home for a meal or somewhere on a work lunch break.
- 12/1 - Identify someone in your life that wants nothing to do with God. Pray that their heart will soften.
- 12/2 - What are the things in your life that drain life from you? Think about why this is. Ask God to show you if there is anything He would have you eliminate from your schedule.
- 12/3 - Using [belairpres.org](http://belairpres.org), identify a class, group, or upcoming event at Bel Air that you'd like to try out. Make room in your schedule for it.
- 12/4 - Choose one person in your life that you are close to and identify a gift you see in them. Encourage them in that.

### Week 4

- 12/7 - Make it a point to have a warm interaction with everyone you come into contact with today.
- 12/8 - Find an opportunity to interact with people outside the church. Get to know their stories and try and take opportunities to share your own.
- 12/9 - Think of someone in your life that you might have some unresolved issue with. It could be a grudge, a secret, etc. Take a step towards forgiveness or reconciliation.
- 12/10 - Call up the person that first introduced you to Bel Air and thank them for doing so.
- 12/11 - Invite someone you know to the upcoming men's breakfast.

*Follow Jesus every day and everywhere with everyone.*